



Introduction to *The Turn*

with Hafizullāh Chishti
Saturday, January 14, 2012
9:30 am – 5 pm
Dartmouth MA



*“Your dance just took me today, and suddenly I began to whirl.
All the realms spun around me in endless celebration.
My soul lost its grip. My body shed its fatigue.
Hearing Your drum beat and Your hands clap,
I floated up to the heavens.*

*Daylight, full of small dancing particles and the one great Turning;
our souls are dancing with You, without feet, they dance.”*

—Rumi

The Turn — the whirling of the Dervishes — is a moving meditation and an embodied prayer of the most ferocious power. It is held that the Turn has been done in all times and places in which the world has needed the energies for which it is a unique conduit. There is a Secret in the Turn, and it is only known by Turning.

Learning *The Turn* is a process of spiritual alchemy. It engages all planes of our being and has deep and lasting effects in our whole life. The Turn is a discipline of body, mind, and Heart/Will... much of what we do in life lets the ego run free but imprisons the soul; the Turn harnesses the ego, freeing the soul to know Itself more deeply and for Being to act in a real way.

Participants of this workshop will be introduced to:

- A solid grounding in the technique of the stationary and “walking” Turn. Proper technique promotes stamina without undue effort, balance and stability without dizziness, and smooth subtle-energy flow and opening of the subtle centers.
- How the Divine Breath moves in the Turn, and using this to harmonize daily life
- The Adab (“Manner”) of the Dervishes — integrating the “inner Turn” into daily life
- The historical background of the Turn and related practices

This workshop introduces some aspects of the Turn and is intended for anyone who feels called to a deeply embodied form of spiritual practice. The workshop stands by itself but is also an introduction to a complete course of training in the Turn. The study materials will be drawn from the teachings of Pir-o-Murshid Inayat Khan, and The Turn taught from the perspective of his approach to Sufism.

You need not have a desire to learn the physical technique of the Turn to benefit from this workshop.

Registration and Tuition:

The cost of the workshop for first-time attendees is \$95 (\$175 for couples), and \$75 for students, those under 30 and those 65 and over.

Tuition for those who are participating in the ongoing full training is \$85, \$65 for seniors and students, and \$150 for couples.

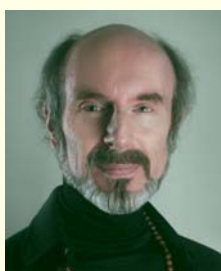
If you wish information about the ongoing training, please contact Lakshmi or Hafizullah. Register by making a check payable to “Hafizullah Chishti” and sending to **Sufi Order of Rhode Island**, 33 Woodbine Street, Cranston RI 02910. Please include your name, address, phone number and email address.

For further registration or location information, contact **Sufi Order of Rhode Island** at 401.781.9069, or nab518@cox.net

**“As the planets turn around the Sun,
the limbs of the Sufi turn around the heart, the living shrine of God.
Through the channel of Hafizullāh’s proficient tutelage,
may this sacred art reach those for whom it is meant.
I give this training my wholehearted support and encouragement.”**

—Pir Zia Inayat-Khan

Head of the Sufi Order International



Hafizullah has walked, stumbled, crawled, and danced the Sufi path for 33 years. He is a Sufi *shaikh* (elder and lineage-holder), represents the Sufi Order International as a senior teacher and mentor to guides-in-training, and develops curriculum for the Order at a national level. He studied the Turn with the Mevlevi Dervishes for over twenty years. His passion is sharing in spiritual practice and sacred space with those who are awakening.

Location and other details sent when you register. If you have questions about the seminar content, Hafizullah can be reached at 206.683.5721 or hafizullah@aol.com